

NSAC NEWS

Newport Senior Activity Center, 20 SE 2nd Street
Newport, Oregon 97365 (541) 265-9617
City of Newport Parks & Recreation
Volume 4 Issue 2 April, May, and June 2011
Visit our Website: www.newportoregon.gov/sc



Grand Opening—April 14th from 3:00 to 6:00 p.m.

YOU ARE INVITED to attend the Grand Opening of the newly designed rooms downstairs. Now, we have a Pool Room where the guys and gals can once again gather to play pool to their hearts content. The Education Center is where computer classes and other learning activities will be held. Also, our Health and Wellness Studio will house all the exercise classes, aerobics, line dancing, square dancing on the new wooden floating floor. Tours will be available from 3 to 4; Food Snacks from 4 to 5; Additional tours if time is available from 5 to 5:30; Grand Opening Ceremony and Ribbon Cutting will be at 5:30p.m. So, clear your calendar and be here at the Newport Senior Activity Center for all the festivities.

MORE EXCITING TRIPS....



Travel with us as we continue our adventures.

4/09	Pacific City/Birding and Blues Festival	\$38.00
4/22	Woodburn/Tulip-Wine-Chocolate	43.00
5/06	Philomath/Gathering Together Farms Cardwell Winery-Kings Valley Bridge	35.00
5/20	Florence/Rhododendron Festival-Three Rivers Casino	35.00
5/21	Keizer/Iris Festival	40.00
6/10	Astoria/Maritime Museum	60.00
6/16	Salem/Willamette Cruise-Historical Carousel	56.00
6/21	Alsea/Thyme Garden	70.00
6/23-	Overnight to	
6/24	Gold Beach/Rogue River Jet Boats	210.00

HELP US RAISE FUNDS

We need funds for our new kitchen cabinets and appliances. If anyone has a good idea for a fund raising event, come see Peggy or Ginger in the office. Cookbooks are still available for \$10.00 in the office or gift shop. Bring us your wonderful ideas.

NEWPORT SENIOR CENTER ASSOCIATION GIFT SHOP

It's time for the Association 2011 dues to be paid. They are only \$2.00 a year. You can pay your dues in the Gift Shop. We are seeking a volunteer to coordinate the functions of the Gift Shop that the Senior Center provides to us. If you are interested call Joan Hartung at 541-574-0852, or speak to Ginger in the office. We have room for some new consignment items in the Gift Shop. Pair up with the Association to make some extra \$\$\$\$. Bring your things in any morning and let Barbara or Marianne assist you.

Thanks to the Friends of the Newport Senior Activity Center for the new cabinets in the lounge. Check into the office to find out about the Friends bonus bucks.

BREATH AND BALANCE

A new class to wind down after work. Starting April 20th til May 20th. Class times are from 5:30-6:30pm. Call the Center for more information at 541 265-9617.

5 THINGS YOU NEVER KNEW YOUR CELL PHONE COULD DO

This is for all the folks with cell phones. (This should be printed and kept in your car, purse, and wallet. Good information to have with you.)

There are a few things that can be done in times of grave emergencies.

Your mobile phone can actually be a life saver or an emergency tool for survival.

Check out the things that you can do with it:

FIRST (EMERGENCY)

The Emergency Number worldwide for Mobile is 112. If you find yourself out of the coverage area of your mobile network and there is an Emergency, dial 112 and the mobile will search any existing network to establish the emergency number for you, and interestingly, this number 112 can be dialed even if the keypad is locked. Try it out.

SECOND (LOCKED KEYS IN CAR)

Have you locked your keys in the car? Does your car have remote keyless entry? This may come in handy someday. Good reason to own a cell phone:

If you lock your keys in the car and the spare keys are at home, call someone at home on their cell phone from your cell phone. Hold your cell phone about a foot from your car door and have the person at home press the unlock button, holding it near the mobile phone on their end. Your car will unlock. It saves someone from having to drive your keys to you. Distance is no object. You could be hundreds of miles away, and if you can reach someone who has the other "remote" for your car, you can unlock the doors (or the trunk).

THIRD (HIDDEN BATTERY POWER)

Imagine your cell battery is very low. To activate, press the keys *3370#. Your cell phone will restart with this reserve and the instrument will show a 50% increase in battery. This reserve will get charged when you charge your cell phone next time.

FOURTH (HOW TO DISABLE A STOLEN MOBILE PHONE?)

To check your Mobile phone's serial number, key in the following Digits on your phone:

***#06#.**

And Finally...

FIFTH (FREE DIRECTORY SERVICE FOR CELLS)

Cell phone companies are charging us \$1.00 or \$1.75 for 411 information calls when they don't have to. Most of us do not carry a telephone directory in our vehicle, which makes this situation even more of a problem. When you need to use the 411 information option, simply dial: (800) FREE 411 or (800) 373-3411 without incurring any charge at all. Program this info into your cell phone now.



MAGGIE'S BACK !!!

You know what that means. Dust off your dancing shoes and get ready to dance. Classes will be held in our NEW Health and Wellness Studio on our new wooden floating floor. Begin to make preparations to be here for this wonderful exercise time. More information will be coming soon.

COLORFUL MAYDAY LUNCHEON SET FOR MAY 3RD

Our annual May Day Luncheon is once again upon us. This year's theme for Older Americans Month is "Connecting the Community." Our own chef, Shirley Fry will be cookin' up a special lunch for us to enjoy. The "Men of the Oregon Coast" Calendar will serve again. The cost will be around \$10.00. You will need to make your reservation now, so don't delay. The "Red Hat Ladies" will don their red attire and will be here front and center. Silent Auction will begin at 10:00am. Contact the office for correct time and to make your reservation, call 541-574-5459.

MOTHER'S & FATHER'S DAY

Happy Mother's Day, May 8th, to all Mothers out there who have survived raising a family. May you have a wonderful, happy day! And, likewise to the Dads! Happy Father's Day, June 19th. May you also have a wonderful day!

NEW COMPUTER CLASSES

Beginning classes start April 20th - May 18th from 11am to 12pm on Wednesdays and Fridays. Absolutely Free!

VOLUNTEERS ARE NEEDED

Volunteers are needed. Can you help?? If you have a talent that you can share, please let us know. We are

looking for people to teach or instruct others to do a class or craft that you enjoy. Contact someone in the office if you want to help.

NEW EVENTS COMING UP

Tai Chi Classes will be starting soon. If you are interested, let Peggy in the office know as she will be the instructor.

WELCOME TRISH MORNINGSTAR

She is from Experience Works. She joined the office staff to brush up on her skills. Trish will soon attend training in Portland to become an exercise leader. She has an extensive background in theatre arts. Feel free to come to her with any ideas you may have about theatre arts.

OUR GAMER GAL, VICKI CRANE

We want to thank Vicki from Experience Works for all the hard work and fun she has provided the Senior Center. Vicki will be leaving the Senior Center the end of June. To say the least, Vicki has been an "experience". She has been our Gamer-Gal, Brain Teaser, Arthritis Instructor, Bookkeeper, Train Conductor, and a multitude of other things. Mostly, she brought a lot of laughs and joys to the Senior Center. We will miss you Vicki !!!

Wii BOWLING TOURNAMENT

Our 3rd Annual Bowling Tournament was held on St Patrick's Day, March 17th with these results:

- | | |
|-----------------------|----------------------|
| 1 st Place | Hot Rod & Associates |
| 2 nd Place | Land Scrapers |
| 3 rd Place | Oceanview |
| 4 th Place | The Green Hornets |
| 5 th Place | Tax Terminators |
| 6 th Place | The Cuties |
| 7 th Place | The Four Aces |
| 8 th Place | Fast Lane Feds |
| 9 th Place | Top Tarts |

Top Woman Bowler—Diane Pinkerton—236

Top Male Bowler—Lefty Lavrakas—265.

CONGRATULATIONS TO ALL !!!!

THE NEWPORT SENIOR ACTIVITY CENTER WILL BE CLOSED MONDAY, MAY 30TH FOR MEMORIAL DAY.

SIMPLY PUZZLING

T	L	E	M	W	O	N	S	S	S	A	R	G	L	A
G	C	Y	C	L	A	M	E	N	S	A	L	I	L	P
G	N	G	R	O	W	T	H	R	L	L	L	L	R	S
O	Y	I	I	D	L	S	A	R	A	I	E	S	N	N
L	A	L	N	K	A	I	E	B	E	R	R	O	H	E
F	M	L	O	A	N	F	E	S	G	M	I	P	W	W
E	N	A	E	E	E	S	F	I	U	L	R	R	A	L
I	O	B	Q	R	A	L	E	O	E	C	S	A	B	E
R	S	T	U	B	E	S	C	D	D	F	O	S	W	A
I	A	F	I	G	R	N	N	G	L	I	N	R	H	V
S	E	O	N	N	R	A	E	O	N	I	L	C	C	E
E	S	S	O	I	D	E	W	W	B	I	R	S	B	S
S	I	N	X	R	G	E	E	O	A	A	R	M	E	G
A	Y	F	L	P	R	O	R	N	M	L	W	P	E	O
E	T	E	W	S	S	P	I	L	U	T	R	S	S	R
R	E	T	S	A	E	P	L	A	N	T	I	N	G	F

FIND THE WORDS LISTED BELOW. CIRCLE THE WORDS AND RETURN TO THE SENIOR CENTER OFFICE. INCLUDE YOUR NAME AND TELEPHONE NUMBER SO YOU CAN BE NOTIFIED WHEN YOU WIN. DRAWING WILL BE HELD BEFORE THE END OF JUNE, 2011. THE BASKET FOR THE DRAWING IS MADE AND DONATED TO US FROM THE NEWPORT SENIOR ACTIVITY CENTER ASSOCIATION.

ALLERGIES	APRIL	BASEBALL	BEES
CROCUSES	CYCLAMENS	DAFFODILS	DANDELIONS
EASTER	EQUINOX	FLOWERS	FROGS
GOLF	GRASS	GREEN	GROWTH
IRISES	LILIES	MARCH	MAY
NEW LEAVES	PLANTING	RAIN	RENEWAL
ROBINS	SEASON	SNOWMELT	SOFTBALL
SPRING BREAK	SPRING	CLEANING	TULIPS
WARMER	WET		

NAME _____

TELEPHONE NUMBER _____

E-MAIL ADDRESS _____

