


# 2010



# Senior Activity Center

Phone: 265-9617  
 Meal Site: 574-0669  
 Newport, Oregon

Sun.	Mon.	Tue.	Wed.	Thur.	Fri.	Sat.
<a href="http://WWW.NEWPORTSENIORCENTER.COM">WWW.NEWPORTSENIORCENTER.COM</a>						
<b>3</b> 	<b>4</b> Pool 8:30 - 9:30 A Bingo 11:00 A Lunch - Noon Hand & Foot 1:15 P Monday Movie 1:15P Acupuncture 4:30-6P Sq Dance 7:30 - 9 P	<b>5</b> Foot Clinic 9 AM - 4 P Se Aerobics(Rec) 9:30A Computer Class 9:30 A Wii 9:30 - 10 :30 A Scrabble 10:15A Colored Pencil 12:30 P Water Colors 1:30 P Knitting Class 3:45-5:45P O.A. 6:00 - 7:00 P	<b>6</b> Le Club Francais 10 - Noon Chair Flex Class 10:00 A Bingo 11:00 A Quilters 11:00A - 3:00P Lunch - Noon Pinochle 1:00 P TOPS 4:30 P Table Tennis 4:30 - 6:45 P Duplicate Bridge 6:30 P	<b>7</b> TOPS 8:30 A Sr Aerobics(Rec) 9:30 A Computer Lab 9:30 A German Club 10:30 A Brain Teasers 10:30 A Wii 9:30 - 11:30 A Dupl. Bridge 1:00 P	<b>8</b> Bingo 11:00 A Lunch - Noon Pinochle 1:00 P Duplicate Bridge 1 P	<b>9</b> O.A. 10 - 11 A Table Tennis 4:30 - 7:30 P Amateur Radio 9 - 10 A
<b>10</b> 	<b>11</b> Pool 8:30-9:30 A Bingo 11:00 A Lunch - Noon Hand & Foot 1:15 P Monday Movie 1:15 P Acupuncture 4:30-6P Sq Dance 7:30 - 9P	<b>12</b> Sr Aerobics(Rec) 9:30A Computer Class 9:30 A Wii 9:30 - 10 :30 A Scrabble 10:15A Colored Pencil 12:30 P Water Colors 1:30 P Knitting Class 3:45-5:45P O.A. 6:00 - 7:00 P	<b>13</b> Le Club Francais 10 A Chair Flex Class 10:00 A Bingo 11:00 A Quilters 11:00A - 3:00P Lunch 12:00 P Pinochle 1:00 P TOPS 4:30 P Table Tennis 4:30 - 6:45 P Duplicate Bridge 6:30 P 	<b>14</b> TOPS 8:30 A Sr Aerobics(Rec)9:30A Computer Lab 9:30 A Wii 9:30 - 11:30 A Bunco 1:00 - 3:00 P Dupl. Bridge 1:00 P	<b>15</b> Bingo 11:00 A Lunch - Noon Pinochle 1 P Dupl. Bridge 1 P	<b>16</b> O.A 10 -11 A Table Tennis 4:30—7:30 P 

Sun.	Mon.	Tue.	Wed.	Thur.	Fri.	Sat.
17 	18 <b>CLOSED</b> <b>Martin Luther King Day</b>	19 Sr Aerobics (Rec) 9:30 A Computer Class 9:30 A Wii 9:30 - 10:30 A Scrabble 10:15 A Knitting Class 3:45-5:45P O.A. 6:00 - 7:00 P	20 Assn Mtg. 10:30 A Chair Flex Class 10:00 A Bingo 11:00 A Pinochle 1:00 P Lunch - Noon Book Club 1 - 2 P TOPS 4:30 P Table Tennis 4:30 - 6:45 P Duplicate Bridge 6:30 P	21 TOPS 8:30 A Sr Aerobics (Rec) 9:30 A Wii 9:30 - 11:30 A Computer Lab 9:30 A Brain Teasers 10:30 A Friends Mtg. 11:30 A Bunco 1:00-3:00P Duplicate Bridge 1:00 P	22 Bingo 11:00 A Lunch - Noon Pinochle 1 P Dupl. Bridge 1 P	23 <b>O.A.</b> 10- 11 A <b>Table Tennis</b> 4:30 - 7:30 P 
24 	25 Pool 8:30-9:30 A Bingo 11:00 A Lunch - Noon Hand & Foot 1:15 P Monday Movie 1:15P Acupuncture 4:30-6P Sq Dance 7:30—9:00P	26 Sr Aerobics (Rec) 9:30 A Computer Class 9:30 A Wii 9:30 - 10:30 A Scrabble 10:15 A Knitting Class 3:45-5:45 P O.A. 6:00 - 7:00 P	27 Le Club Francais 10-Noon Chair Flex Class 10:00 A Bingo 11:00 A Lunch - Noon Pinochle 1:00 P TOPS 4:30 P Table Tennis 4:30 - 6:45 P Duplicate Bridge 6:30 P	28 TOPS 8:30 A Sr Aerobics (Rec) 9:30A Computer Lab 9:30 A Brain Teasers 10:30 A Wii 9:30 - 11:30 A Duplicate Bridge 1:00 P	29 Bingo 11:00 A Lunch - Noon Pinochle 1 P Dupl. Bridge 1 P	30 <b>O.A.</b> 10—11 A <b>Table Tennis</b> 4:30 –7:30 P 
31 	<b>NEW!! Acupuncture - Mondays 4:30 - 6:00 PM</b> <b>NEW!! German Club Thursdays 10:30 - 11:30 AM</b>					
<b>ALZHEIMERS SEMINAR</b> <b>(Understanding the disease and how to cope with it)</b> <b>SPEAKER - JUDY MCKELLAN</b> <b>TUESDAY, JANUARY 12TH 10:00 - 11:30 am</b>						