

JUNE






Senior Activity Center 2010





Phone: 265-9617

Meal Site: 574-0669

Newport, Oregon

WWW.NEWPORTSENIORCENTER.COM

Sun.	Mon.	Tue.	Wed.	Thur.	Fri.	Sat.
		1 Foot Clinic 9 AM -4 PM Computer Class 9:30 A Wii Bowling 9:30 A Scrabble 10:15 A Knitting Class 3:45 P OA 6:00 P	2 Le Club Francais 10:00 A Arthritis Exercise 9:30 A Bingo 11:00 A Quilters 11:00 A - 3:00 P Lunch - Noon Pinochle 1:00 P Line Dance 1:30 - 3:00 P Tai Chi 3:45 P TOPS 4:30 P Table Tennis 4:30 P	3 TOPS 8:30 A Wii Fitness 9:00 A Computer Class 9:30 A German Conversation 10:30A Dupl. Bridge 1 - 5:30 P	4 Arthritis Exercise 9:30 A Bingo 11:00 A Lunch - Noon Pinochle 1:00 P Duplicate Bridge 1:00 P	5 OA 10:00 A Table Tennis 4:30 P Bridge 11 AM 
6 	7 Pool 8:30 A Chair Yoga 9:30-10:00A Mahjong 10:00-11:00 A Bingo 11:00 A Lunch - Noon Hand & Foot 1:15 P Tai Chi 3:45 P Sq Dance 7:30 P	8 Computer Class 9:30 A Wii Bowling 9:30 A Scrabble 10:15 A Knitting Class 3:45 P OA 6:00 P Senior Sounds 6:00 P	9 Le Club Francais 10:00A Arthritis Exercise 9:30 A Bingo 11:00 A Quilters 11:00A - 3:00P Lunch Noon Pinochle 1:00 P Book Club 1:00 P Line Dance 1:30 - 3:00 P Tai Chi 3:45 P TOPS 4:30 P Table Tennis 4:30 P Duplicate Bridge 6:30 P	10 TOPS 8:30 A Wii Fitness 9:00 A Computer Class 9:30 A Dupl. Bridge 1 - 5:30 P Eyes on Us 11-11:45A Bunco 1:00 P	11 Arthritis Exercise 9:30 A Bingo 11:00 A Lunch - Noon Pinochle 1:00 P Duplicate Bridge 1:00 P	12 OA 10:00 A Amateur Radio 9:00 A Bridge 11:00 A Table Tennis 4:30 P 
13	14 Pool 8:30 A Chair Yoga 9:30-10:00A Mahjong 10:00 A Bingo 11:00 A Lunch - Noon Hand & Foot 1:15 P Tai Chi 3:45 P Sq Dance 7:30 P	15 Computer Class 9:30 A Wii Bowling 9:30 A Scrabble 10:15 A AARP 11:00 A - 1:30 P Knitting Class 3:45 P OA 6:00 P	16 Arthritis Exercise 9:30 A Assn Mtg. 10:30 A Bingo 11:00 A Quilters 11:00 A - 3:00 P Pinochle 1:00 P Lunch - Noon Book Club 1:00 P Line Dance 1:30 - 3:00 P Tai Chi 3:45 P TOPS 4:30 P Table Tennis 4:30 P Duplicate Bridge 6:30 P	17 TOPS 8:30 A Wii Fitness 9:00 A Computer Class 9:30 A Brain Teasers 10:30 Friends Mtg. 11:30 A Duplicate Bridge 1:00P Bunco 1:00 P 	18 Arthritis Exercise 9:30 A Bingo 11:00 A Lunch - Noon Pinochle 1:00 P Duplicate Bridge 1:00 P	19 OA 10:00 A Table Tennis 4:30 P 

Sun.	Mon.	Tue.	Wed.	Thur.	Fri.	Sat.
20 	21 Pool 8:30 A Mahjong 10:30 A Chair Yoga 9:30-10:00A ADVISORY COM. 10:30 A Bingo 11:00 A Lunch - Noon Hand & Foot 1:15 P Tai Chi 3:45 P Sq Dance 7:30 P SUMMER BEGINS	22 Computer Class 9:30 A Wii Bowling 9:30 A Scrabble 10:15 A Karaoke 12:30 P Knitting Class 3:45 P OA 6:00 P	23 Le Club Francais 10:00 A Arthritis Exercise 9:30 A Bingo 11:00 A Quilters 11:00 A - 3:00 P Lunch - Noon Pinochle 1:00 P Line Dance 1:30 - 3:00 P Tai Chi 3:45 P TOPS 4:30 P Table Tennis 4:30 P Duplicate Bridge 6:30 P	24 TOPS 8:30 A Wii Fitness 9:00 A Computer Class 9:30 A Brain Teasers 10:30 A Duplicate Bridge 1:00P	25 Arthritis Exercise 9:30 A Bingo 11:00 A Lunch - Noon Pinochle 1:00 P Duplicate Bridge 1:00 P	26 OA 10:00 A Table Tennis 4:30 P 
27 	28 Pool 8:30 A Chair Yoga 9:30-10:00A Mahjong 10:30 A Bingo 11:00 A Lunch - Noon Hand & Foot 1:15 P Tai Chi 3:45 P Sq Dance 7:30 P	29 Computer Class 9:30 A Wii Bowling 9:30 A Scrabble 10:15 A Knitting Class 3:45 P OA 6:00 P	30 Le Club Francais 10:00 A Arthritis Exercise 9:30 A Bingo 11:00 A Quilters 11:00 A - 3:00 P Lunch - Noon Pinochle 1:00 P Line Dance 1:30 - 3:00 P Tai Chi 3:45 P TOPS 4:30 P Table Tennis 4:30 P Duplicate Bridge 6:30 P			

NEWPORT SENIOR TRIPS:

Aviation Museum & Cheese Factory - Tillamook Friday, June 4th 9 am - 5pm \$46

Rogue River Mail Boat & Creamery

Central Point Leave Friday June 25th at 9 am Return Saturday June 26th at 5 pm \$193

Eyes on Us - New Low Vision Support Group-June 10th from 11:00-11:45 am